## **HOT DRINKS**

Cappuccino A distinct rich espresso topped with mering and a dusting of chocolate heaven. 154/83kcal	LARGE £3.45 gue-like fo:	REGULAR £3.15 amed milk
Latte A coffee house favourite of a rich velvety es expertly foamed milk. A perfect blend with 154/83kcal		
Americano When a bigger cup of coffee is in order, esp boiling water, transforming it into a drink to time. 2/1kcal		
Espresso For the coffee purist, rich, aromatic and bes immediatelyEspressly! 2/1kcal	£2.70 t enjoyed	£2.40
Flat White Rich espresso with steamed milk. 84kcal		£3.45
Chai Latte	£3.95	
Matcha Latte	£3.95	
Mocha Where coffee meets chocolate. Simply the 312kcal	best of bo	£3.60 th worlds.
Hot Chocolate Chocolate in perfectly steamed milk. 310kcal		£3.35
Luxury Hot Chocolate Chocolate in perfectly steamed milk, topper marshmallows, whipped cream and chocola		
	te dusting.	£2.45
Pot of Ringtons Gold Blend Tea Ikcal Bingtons Elavourod Tea Ikcal		£2.45
Ringtons Flavoured Tea 5kcal Flavour Shot 226kcal		
		55p
Extra Coffee Shot		60р

# **COLD DRINKS**

Diet Coke / Coke Zero	£2.65
Coke	£2.75
Irn Bru / Diet Irn Bru	£2.65
Fanta Orange / Sprite Zero	£2.65
Appletiser	£3.55
Highland Spring Still Water	£2.10
Highland Spring Sparkling Water	£2.10
Posh Pop Choose from;	£3.20
Sloe and Rose; Strawberry and Rhubarb; Elderflower; Ginger Beer; Plum and Cherry; Cloudy Lemonade	
Fruit Shoot	£1.65
Capri Sun Orange / Apple	£1.65
Frobishers Orange Juice	£2.85
Frobishers Apple Juice	£2.85
Glass of Milk	£2.25

**SCONES** Homemade daily served with dairy butter

Fruit Scone (v) 504kcal	£2.85
Cherry Scone (v) 583kcal	£2.85
Cheese Scone (v) 506kcal	£2.85
Cream Scone (v) 668kcal Filled with cream and strawberry jam	£3.55

# CAKES Chocolate Millionaire (v) 528kcal Carrot, Orange and Pistachio Traycake (v) 379kcal Choc Chip Brownie (v) 451kcal Buttered Flapjack (v) 475kcal

£3.25

£3.25 £3.25

£3.25 ~ ~

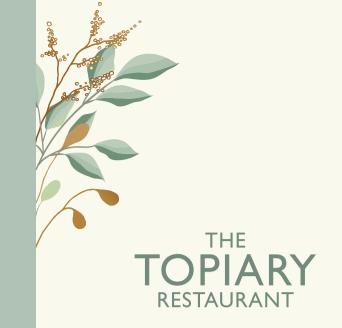
Rocky Road 491 kcal	£3.25
Bakewell Traycake (v) (gf) 431kcal	£3.25
Lemon Traycake (v) 382kcal	£3.25
Eton Mess Tiffin (v) 528kcal	£3.25
Apple Parkin Traycake (v) 390kcal	£3.25
Granola Traycake (v) (gf) 450kcal	£3.25
Cookie Dough Brownie (v) 484kcal	£3.25
Egg Custard Tart 256kcal	£3.25
Victoria Sponge (v) 409kcal	£3.95
Raspberry, Coconut and	
Lemon Cake (v) 429kcal	£3.95
Coffee & Walnut Cake (v) (gf) 398kcal	£3.95
Chocolate Raspberry Cake (v) (vg) 360kcal	£3.95
Franzipan Tart (v) (gf) 317kcal	£4.25
Fruit Trifle (v) 260kcal	£4.25
Chocolate Éclair (v) 504kcal	£4.55
French Apple Tart 279kcal	£4.55
Raspberry Meringue Tart 360kcal	£4.55
Luxury Lemon Tart 353kcal	£4.55

For more information about the allergens that may be contained in our products please speak to one of our team.

Calories listed are based on an average serving size. Calorie information is correct at the time of printing however, some product variations can occur. Adults need around 2000kcal a day.

Should you require a menu without calories, don't hesitate to speak to a member of the team in our restaurant.

Dishes and ingredients may vary





### BREAKFAST available daily until 11.30am

Full Hearty Breakfast Cured back bacon, fried hen's egg, farmhouse sausz pudding slice, baked beans, sautéed mushrooms an brown bites. All served with toast, dairy butter an Ringtons Gold tea or regular filter coffee. 996kcal	d hash
Vegetarian Full Breakfast (v) Vegetable sausages, fried hen's egg, creamy avocado mushrooms, hash brown bites, baked beans and sp Served with toast, dairy butter and a pot of Ringto tea or regular filter coffee. 695kcal	inach.
Gardener's Breakfast Farmhouse sausage, cured back bacon, fried hen's o baked beans. Served with a slice of hot toast and o 562kcal	
Vegan Gardener's Breakfast (v) (vg) Vegetable sausage, hash brown bites, mushrooms a beans. Served with a slice of hot toast and flora sp	
Toast Toppers Toasted muffin with your choice of topping:	
Avocado and poached egg (v) 436kcal	£5.95
Avocado, poached egg and bacon 560kcal	£6.95
Scrambled egg and bacon 574kcal	£5.95
French Toast Eggy bread fried until golden brown and topped w and maple syrup 877kcal	£5.95 ith bacon
Eggs Benedict Toasted breakfast muffin topped with home baked soft poached eggs and hollandaise sauce 579kcal	<b>£7.95</b> ham,
Shakshuka Eggs Poached eggs in a spicy tomato, spinach and chickp served with toasted ciabatta slices 410kcal	£6.95 bea sauce
Breakfast Roll A soft white roll with your choice of filling: Cured back bacon 457kcal Farmhouse sausages 503kcal Vegetable sausages (v) 376kcal	£4.45
Toast Duo Two slices of bread toasted and served with dairy flora spread 416kcal	<b>£2.85</b> butter or
Toasted Teacake	£2.85

Spiced fruit tea cake toasted and served with dairy butter 389kcal

LUNCH available daily from 11.30am

# SANDWICH SELECTION

All served with salad garnish and crisps

	SANDWICH	BAGUETTE
Ham Salad 697kcal/ 757kcal	£6.95	£7.45
Tuna Mayonnaise 930kcal/ 982kcal Flaked tuna and spring onion in m	<b>£6.95</b> nayo	£7.45
Cheese and Caramelised Onion (v) 773kcal/8	<b>£6.95</b> <sup>34kcal</sup>	£7.45
Egg and Cress 651kcal/ 711kcal	£6.95	£7.45
Coronation Chicken 703kcal/ 764	kcal <b>£6.95</b>	£7.45
<b>Vegan Gardener's</b> (v) (vg) Roast courgette, pepper and onic with houmous and beetroot 738kc		£7.45
Prawn Marie Rose 824kcal/ 850kc	al <b>£8.95</b>	£9.45
Add a Cup of Soup to any sa	ndwich for £	2.50

# **GOURMET SANDWICHES**

All served with salad garnish and crisps

Hand Battered Fish Goujon Ciabatta £10.50 Fish goujons on a bed of rocket with smashed pea mayonnaise served in a baked ciabatta. 692kcal

Roast Beef Ciabatta £10.50 Hot roast beef, battered onion rings, horseradish mayonnaise served in a baked ciabatta with a pot of dipping gravy. III2kcal

BBQ Chicken, Bacon and £10.50 Cheese Ciabatta Hot BBQ chicken with bacon and cheddar cheese in a baked ciabatta 916kcal

# **TOASTED SANDWICHES**

Ham and Cheese	£8.95
Soft white bread filled with gammon ham Topped with bechamel sauce and toasted Served with dressed salad and crisps. 1010k	until golden brown.
Tuna and Cheese Soft white bread filled with flaked tuna sp	£8.95

Soft white bread filled with flaked tuna, spring onion and cheddar cheese. Topped with bechamel sauce and toasted until golden brown. Served with dressed salad and crisps. 915kcal

£8.95 Cheese and Caramelised Onion (v) Soft white bread filled with cheddar cheese and caramelised onion. Topped with bechamel sauce and toasted until golden brown. Served with dressed salad and crisps. 847kcal

# **FILLED JACKETS**

Served with a dressed salad.

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Cheese and Beans Jacket Potato (v) Topped with cheddar cheese and baked beans. 634k	<b>£8.50</b>
Three Cheese Jacket Potato (v) Topped with mozzarella, feta and cheddar. 811kcal	£8.95
Cheese and Bacon Jacket Potato Topped with cheddar cheese and bacon. 751kcal	£8.95
Coronation Chicken Jacket Potato Topped with coronation chicken. 652kcal	£9.50
Tuna and Feta Crumb Jacket Potato Topped with tuna, spring onion and feta crumb 9724	<b>£8.95</b>
Vegan Katsu Cauliflower & Chickpea Curry Jacket Potato (v) (vg) Topped with Katsu cauliflower and chickpea curry.	<b>£8.50</b> 607kcal
Prawn Marie Rose Jacket Potato Topped with prawns in marie rose sauce. 1058kcal	£9.95
DELI PLATES	
DEETTERIES	
Gardener's Ploughmans Gammon ham, pork and leek sausage roll, cheddar mixed leaf salad with coleslaw, caramelised onion c and crusty bread. 1724kcal	
Gardener's Ploughmans Gammon ham, pork and leek sausage roll, cheddar mixed leaf salad with coleslaw, caramelised onion c	cheese, hutney £8.95
Gardener's Ploughmans Gammon ham, pork and leek sausage roll, cheddar mixed leaf salad with coleslaw, caramelised onion c and crusty bread. 1724kcal Caesar Salad (v)	cheese, hutney £8.95
Gardener's Ploughmans Gammon ham, pork and leek sausage roll, cheddar mixed leaf salad with coleslaw, caramelised onion c and crusty bread. 1724kcal Caesar Salad (v) Classic Caesar salad with baby gem, grana padano a crunchy croutons. 526kcal Add Chicken 694kcal Add Prawns 635kcal Greek Salad (v)	cheese, hutney £8.95 and £10.95 £11.50 £8.95
Gardener's Ploughmans Gammon ham, pork and leek sausage roll, cheddar mixed leaf salad with coleslaw, caramelised onion c and crusty bread. 1724kcal Caesar Salad (v) Classic Caesar salad with baby gem, grana padano a crunchy croutons. 526kcal Add Chicken 694kcal Add Prawns 635kcal	cheese, hutney £8.95 and £10.95 £11.50 £8.95
Gardener's Ploughmans Gammon ham, pork and leek sausage roll, cheddar mixed leaf salad with coleslaw, caramelised onion of and crusty bread. 1724kcal Caesar Salad (v) Classic Caesar salad with baby gem, grana padano a crunchy croutons. 526kcal Add Chicken 694kcal Add Prawns 635kcal Greek Salad (v) Greek Salad (v) Greek salad of mixed leaves, feta cheese, cucumber tomato, red onion, olives and vinaigrette dressing. 2 Add Chicken 468kcal	cheese, hutney £8.95 and £10.95 £11.50 £8.95 ; <sup>99kcal</sup> £10.95 £11.50 £10.95
Gardener's Ploughmans Gammon ham, pork and leek sausage roll, cheddar mixed leaf salad with coleslaw, caramelised onion c and crusty bread. 1724kcal Caesar Salad (v) Classic Caesar salad with baby gem, grana padano a crunchy croutons. 526kcal Add Chicken 694kcal Add Prawns 635kcal Greek Salad (v) Greek Salad (v) Greek salad of mixed leaves, feta cheese, cucumber tomato, red onion, olives and vinaigrette dressing. 2 Add Chicken 468kcal Add Prawns 409kcal Chef's Quiche of the Day served with a choice of Caesar salad,, Greek salad	cheese, hutney £8.95 and £10.95 £11.50 £8.95 ; <sup>99kcal</sup> £10.95 £11.50 £10.95

& Chickpea Pasty (v) (vg) £8.95 Vegan Keralan cauliflower, chickpea and onion bhaji pasty served with salad garnish and crisps. 1056kcal

£5.95 Pork and Leek Sausage Roll Homemade pork and leek sausage roll served with salad garnish and onion relish. 1056kcal

Chef's Soup of the Day

£5.95